



BMXA Concussion Policy Process

A. Processing Advice to Clubs

- 1) Complete a BMX Accident Report Form ticking the concussion box and follow normal BMXA accident report procedures.
- 2) The Club where the accident occurred does not need to do anything else.
- 3) Upon receipt of the Accident Report Form, BMXA will record the rider as being medically suspended due to concussion - setting the suspension end date for 12mths.
- 4) The 12mths end date is to encourage riders to submit their medical clearance certificates in a timely manner as they will be unable to ride for a 12mth period if they do not provide a medical clearance.

5) WHAT BMXA WILL DO

Upon receipt of an Accident Report form with Concussion ticked, BMXA will:

- i) email the Member's Club and advise the Member is medically suspended due to concussion.
- ii) email the Member's State (and Zone in QLD) advising the Member is medically suspended due to concussion.
- iii) email the Member advising they are medically suspended due to concussion and are required to submit a medical clearance to membership@bmxaustralia.com.au. During suspension, a Member is unable to enter Events, officiate, coach or take part in Club activities.
- iv) Clubs, Zones and States can download a Report at any time of their Members who are medically suspended due to concussion:
 - Go to Reports
 - Click on Injury Reports
 - Search/Export as required
- 6) Club Members who are suspended due to concussion will show "medical" under their Suspension Type. By clicking on the Riders Notes, concussion will be listed as the reason for suspension.
- 7) When BMXA receives a medical clearance certificate from the Member, the Member's suspension will be removed and the medical clearance certificate will be stored on file at BMXA for future reference if required.

IF YOU ARE EVER UNSURE PLEASE RING THE BMXA OFFICE



NOTE:

Where a rider suffers a concussion on a Friday night after 5pm, the Accident Report Form will not be processed by the BMXA office until the following Monday. If a Rider continues to ride or take part in Club activities after suffering a reportable concussion, they can be subject to disciplinary action and their membership suspended.

The BMXA Concussion Policy put the onus on the Rider and their parent/guardian (if U18) to abide by the BMXA Concussion Policy *Section (5) Remove from Play* and *Section (6) Return requirements of the Concussion Policy*.

B. How to know if a Rider at an Event has suffered a Concussion and should not be Riding?

- 1) A Club or Event organiser downloads the list of Riders for an Event as per normal event procedures.
- 2) If a Member is suspended due to Concussion, it will show on their Event entry profile and they should be advised they cannot enter the Event or take part in Club activities.
- 3) While a Member is medically suspended the OSM System does not allow them to enter OSM listed events.
- 4) If a circumstance arises, whereby a Member who is medically suspended due to concussion, seeks to enter an Event or Club activity “on the day” and presents a Medical clearance, you are able to accept this and allow the Member to ride.

HOWEVER, YOU ARE RESPONSIBLE TO EMAIL VIA PHOTO OR SCAN THE MEDICAL CLEARANCE YOU ACCEPTED TO PERMIT THE MEMBER TO ENTER AN EVENT OR TAKE PART IN A CLUB ACTIVITY TO BMXA membership@bmxaustralia.com.au BY 9AM ON THE NEXT WORKING DAY.