

Coach's Code of Behaviour

<ul style="list-style-type: none"> Respect the right, dignity and worth of every human being 	<ul style="list-style-type: none"> Within the context of the activity, treat everyone equally regardless of gender, ethnic origin or religion
<ul style="list-style-type: none"> Ensure the athlete's time with you is a positive and rewarding experience 	<ul style="list-style-type: none"> All athletes are deserving of equal attention & opportunities
<ul style="list-style-type: none"> Be fair, considerate, honest and positive with your athletes 	<ul style="list-style-type: none"> Use drills to develop fitness, not as a punishment Use positive feedback on performance, not negative feedback about the person. Be encouraging and avoid put-downs.
<ul style="list-style-type: none"> Treat each athlete as an individual 	<ul style="list-style-type: none"> Respect the talent, development stage and goals of each athlete Help each athlete reach their full potential
<ul style="list-style-type: none"> Minimise physical contact and generally physical contact should be: 	<ul style="list-style-type: none"> To develop sport skills To give sports massage To treat an injury To prevent or respond to an injury To meet the specific demands of the sport and appropriate for the development of sports skills Permission from the participant/rider should be sought
<ul style="list-style-type: none"> Be professional and accept responsibility for your actions 	<ul style="list-style-type: none"> Display a high standard in your language, manner, punctuality, preparation and presentation Display control, respect, dignity and professionalism to all involved in BMX. Encourage your athletes to exhibit the same qualities
<ul style="list-style-type: none"> Commit to the providing of a quality service to your athletes 	<ul style="list-style-type: none"> Maintain or improve your current level of accreditation Seek continual improvement through performance approval and ongoing coach education Provide a training program which is planned and sequential Maintain appropriate records
<ul style="list-style-type: none"> Operate within the rules, guidelines and spirit of the sport of BMX, promoting fair play over winning at any cost 	<ul style="list-style-type: none"> Abide by the Rules & Regulations of BMX Australia Educate your athletes on drugs in sport in consultation with the Australian Sports Anti-Doping Authority
<ul style="list-style-type: none"> Avoid being alone with a child to protect yourself and the child from risk 	<ul style="list-style-type: none"> In general, do not isolate yourself and a child and avoid being alone with any particular child Work within the sight of others at all times Riders/participants should be encouraged or comforted in public, not in an isolated setting. If a child approaches you and wants to talk to you privately about a matter, do so in an open area and in sight of other adults (eg other coaches, officials or parents/guardians) Before going into a change room, knock or announce that you will be coming in. Try to have at least one adult with you in a change room with children.
<ul style="list-style-type: none"> Maintain social boundaries 	do not socialise with athletes via social media
<ul style="list-style-type: none"> Maintain social boundaries 	when attending sport related events, such as sponsorship, fundraising, celebrations, meetings, do not socialise with athletes outside of the function

For more information, please refer to PBTR website for [Tips for Coaches](#) or contact BMX Australia if you require more information on poor behaviour issues.

<ul style="list-style-type: none"> Refrain from any form of harassment or personal abuse towards your athletes * 	<ul style="list-style-type: none"> Do not have sexual relationships with athletes you are coaching. Do not touch your athletes in ways likely to make them feel uncomfortable. Do not engage in sexual & racial harassment and verbal, physical & emotional abuse Be alert to any forms of abuse directed towards your athletes whilst they are in your care
<ul style="list-style-type: none"> Provide a safe environment for training & competition and do not expose your athletes to unnecessary risks 	<ul style="list-style-type: none"> Ensure equipment and facilities meet safety standards Ensure equipment, training and the environment are appropriate to the age, level of fitness & skill of the athlete
<ul style="list-style-type: none"> Show concern and caution towards sick & injured athletes 	<ul style="list-style-type: none"> Provide a modified training program where appropriate Allow further athlete development in training & Competition only when appropriate and where appropriate, based on medical advice Encourage athletes to seek medical advice
<ul style="list-style-type: none"> Be a positive role model for the sport of BMX and all athletes 	
<ul style="list-style-type: none"> Be honest and do not allow your qualifications to be misrepresented. 	

Coaches should be

- treated with respect and openness
- Have access to professional development opportunities
- Be matched with a level of coaching appropriate to their level of competence

Coach Agreement

For accreditation or re-accreditation as a BMXA Coach

I, _____

Mobile: _____ Member No: _____

Email address: _____

am seeking accreditation / re-accreditation (please circle) for the BMX Australia qualification of:

Freestyle BMX / Beginner BMX / Level 1 BMX / Level 2 BMX Coach (please circle).

I agree to the following terms:

- I have read and agree to abide by the BMX Australia Coach's Code of Behaviour.
- I acknowledge that BMX Australia may take disciplinary action against me if I breach the code of behaviour. I understand that BMX Australia is required to implement a complaint handling procedure in accordance with the principles of natural justice, in the event of an allegation against me.
- I acknowledge that disciplinary action against me may include de-registration as a BMXA Coach or suspension of my BMXA membership.

Signature

(if under 18, parent/
Guardian signature)

____/____/____
Date

Please forward completed form to:
coaching@bmxaustralia.com.au