



BMX AUSTRALIA

PUMP TRACK POLICY

Date adopted by the Board: 18TH July 2016

Updated: September 2018

Preface

BMX pump tracks can be fun for families and new BMX riders as they can be ridden by different levels of ability. They also provide a good option for BMX training and learning pumping skills as they are not designed for racing. BMX pump tracks can be easy and cheap to build using a small space and are a good addition to any BMX club.

Objective

The objective of this policy is to explain what defines a BMX club pump track as well as who and what activities are covered under BMX Australia Insurance provisions.

Scope

For the purpose of insurance provisions BMX Australia recognises BMX club pump tracks as:

- Pump tracks located within the perimeter of a registered BMXA Club (i.e. located within the boundaries of the club complex or venue);
- Maintained by the Club;
- Utilised by licensed BMXA members (including temporary licenses e.g. Ride in2 BMX Days or 4-month licences).
- This policy does not cover pump tracks that are public (council) or privately owned or otherwise outside of the above scope.

Policy Procedure

Benefits

A BMX Club pump track can provide a place where children and adults can be introduced to or practice their BMX riding in a safe and low risk environment. BMX Club Pump tracks can:

- Attract new members
- Promote an active and healthy lifestyle – promoting physical activity to members of all abilities.
- Great for practicing balance, learning new skills and improving confidence on the bike.
- Size – pump tracks can be built in areas as small as 250sqm or in previously unused areas.
- May attract council support/grants as they can be promoted as improving resources in the area.

Risk Management Considerations

In general, managing risk requires planning, training, good leadership, good judgement and accepting responsibility.

This is why BMXA insurance requires any sanctioned activities to be held on BMX Club pump tracks, as part of a maintained club facility and general considerations and obligations come under BMXA's Risk Management Guide for Clubs.

Construction

There are many guidelines available in regards to BMX pump track construction available publicly that adhere to similar standards. Generally, they don't require a large area and can improve the utilisation of previously underused areas.

Pump tracks can be constructed of dirt, asphalt, concrete, or composite materials. They can be permanent or pre-fabricated modular designs.

Adequate drainage is important and a source of water should be located nearby (for dirt constructed) to dampen the track.

Signage is recommended that indicates it is part of the club managed facility.

Pump tracks should be designed so that the rider can 'pump' around the track without using pedal power.

Usage

BMX Club pump tracks are designed for practice, training introductory and social riding. This policy covers licensed members of BMXA only (including temporary licenced riders).

Some examples of activities that can include BMX Club pump tracks include, but are not limited to:

- Mini Wheeler programs
- Sprocket Rocket programs
- Ride in2 BMX Days
- Coaching pumping skills
- Warm up/Cool down

Clubs should be mindful and apply their risk assessment policies when determining the age groups using the track at the same time (for example 5 Year Olds and 15-year olds are not recommended to utilise the track at the same time).

Coach rider ratios 1:12 apply. BMXA licenced members only.

Limitations

Tracks, riders and activities conducted outside of this policy are not generally covered by BMXA member insurance.