

GUIDELINES FOR CLUB TRAINING SESSIONS

The guidelines below are for training purposes only.

All racing events, including club racing events, are required to adhere to the current BMX Australia Rulebook.

DEFINITION

A training session is sanctioned / authorised by a BMX Club for training purposes and includes gate practice “night’s” / events.

OFFICIALS

- A minimum of 2 officials are required to conduct a gate practice / training session.
- 1 official would be the Gate Starter and 1 official would be the “Track Controller” with a dedicated first aid attendant also at the session (see below).
- The track controller must position themselves where they have an unobstructed view of the track.
- The gate starter and track controller must hold at least a BMXA Club official's accreditation.
- The gate starter and the track controller can be the same person, provided that they have an unobstructed view of the entire track.
- BMXA recommends that Track Controller & Gate Starter are different people.

FIRST AID

- 1 dedicated first aid attendant who holds a minimum of a general first aid accreditation such as HLTAID003 (including current CPR) is required and should be located where they can view the track at all times.
- The first aid attendant cannot be attending the training or gates session as a rider
- Members who have current qualifications as doctors, nurses and paramedics can act as the dedicated first aid provider.
- The first aid attendant can also be the Track Controller or the Gate Starter. However, should there be an incident where first aid is required, then all track / gate activity must cease until the first aid attendant is available to resume their position.